

# STARS VIPERS KATY ELITE TEAM INFORMATION

2025-2026



Visit Our Website  
[WWW.STARSVIPERSKATY.COM](http://WWW.STARSVIPERSKATY.COM)



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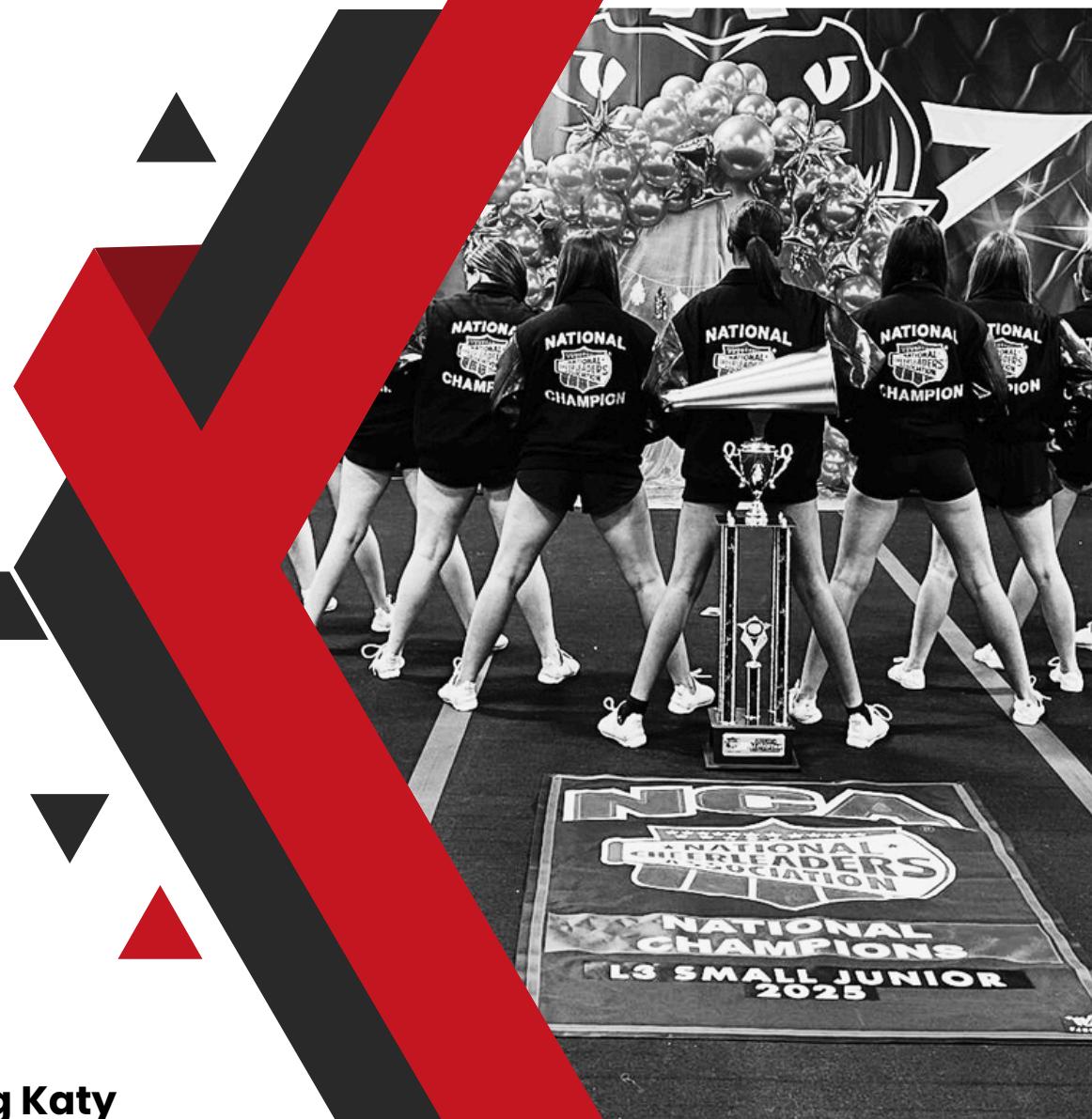
832-222-2115



Stars Vipers Cheer and Tumbling Katy



Stars Vipers Katy



# About Stars Vipers Katy

Welcome to Stars Vipers Katy! As we kick off our 8th season for 2025–2026, we're so excited to welcome you to the SVK family. To our returning athletes—thank you for your continued trust and dedication. To our new athletes—welcome! We're thrilled you've chosen to be part of something special, and we can't wait to get to know you.

At SVK, we're more than just a gym—we're a community built on hard work, heart, and connection. Our success comes from strong teams, passionate athletes, and a supportive environment where everyone feels seen and valued. Whether it's a high-five after a tough practice or a moment of encouragement in a team circle, we believe in lifting each other up.

Our goal is to create competitive teams while making sure every athlete feels confident and cared for. We understand that every athlete is unique, and our dedicated coaches are here to guide, challenge, and support each one along their journey.

Thank you for choosing Stars Vipers Katy. We're honored to have you with us and can't wait for a season full of growth, memories, and fun!

## Owners Owen and Denise Cox

With over 30 years of experience in the cheer industry, Owen and Denise Cox are the passionate and driven owners of Stars Vipers Katy. Known for their commitment to excellence and athlete development, they've built Stars Vipers Katy, along with the SV Staff, into a nationally recognized program that combines elite training with a strong family culture.

Their decades of dedication have shaped the lives of countless athletes, instilling discipline, confidence, and a love for the sport. Under their leadership, Stars Vipers continues to thrive as a powerhouse in competitive cheerleading.



# Current Athletes Tumbling and Flyers Evaluations

If you are new to SVK, please skip to next page.

## CURRENT SVK ATHLETES REMAINING ON SAME ELITE LEVEL

**CURRENT SVK ATHLETES** wishing to remain on the same **ELITE** level as the current year **DO NOT** need to go through **TUMBLING** evaluations. Athletes will attend tryout groups to determine team placement.

### Follow these Steps

1. Register your athlete online for All-Star Elite Teams.

2. Attend open gyms.  
**MAY 7<sup>TH</sup> and 8<sup>TH</sup> from 7:00-8:30**  
**May 9<sup>TH</sup> 7:00-10:00**  
**(Attendance is OPTIONAL)**  
**MUST REGISTER FOR ALL-STAR ELITE TEAMS BEFORE ATTENDING.**

3. Attend part 2 of tryouts,  
Team Tryout Groups  
**(See part 2 of tryouts for details.)**

## CURRENT SVK ATHLETES TRYING OUT FOR NEW LEVEL

**CURRENT SVK ATHLETES** wishing to level up from novice to prep, prep to elite, or go up in levels from their current elite team, must go through **one day** of tumbling evaluations.

### Follow these Steps

1. Register your athlete online for All-Star Elite Teams.

2. Attend open gyms.  
**MAY 7<sup>TH</sup> and 8<sup>TH</sup> from 7:00-8:30**  
**May 9<sup>TH</sup> 7:00-10:00**  
**(Attendance is OPTIONAL)**  
**MUST REGISTER FOR ALL-STAR ELITE TEAMS BEFORE ATTENDING.**

3. Attend part 1 of Tryouts - **TUMBLING EVALUATIONS**. Evaluations are expected to last between 30-60 minutes  
**(See part 1 of Tryouts for details)**

4. Attend part 2 of tryouts,  
Team Tryout Groups  
**(See part 2 of tryouts for details.)**

## CURRENT SVK FLYERS

**CURRENT SVK FLYERS** do not need to go through Flyer evaluations. Athletes will attend tryout groups to determine team placement.

### Follow these Steps

1. Register your athlete online for All-Star Elite Teams.

2. Attend open gyms.  
**MAY 7<sup>TH</sup> and 8<sup>TH</sup> from 7:00-8:30**  
**May 9<sup>TH</sup> 7:00-10:00**  
**(Attendance is OPTIONAL)**  
**MUST REGISTER FOR ALL-STAR ELITE TEAMS BEFORE ATTENDING.**

3. Attend part 2 of tryouts,  
Team Tryout Groups  
**(See part 2 of tryouts for details.)**

## CURRENT SVK ATHLETES - DID NOT HOLD FLYING POSITION IN PAST SEASONS.

### Follow these Steps

1. Register your athlete online for All-Stars Elite Teams.

2. Attend open gyms.  
**MAY 7<sup>TH</sup> and 8<sup>TH</sup> from 7:00-8:30**  
**May 9<sup>TH</sup> 7:00-10:00**  
**(Attendance is OPTIONAL)**  
**MUST REGISTER FOR ALL-STAR ELITE TEAMS BEFORE ATTENDING.**

3. Attend part 1 of Tryouts - **FLYER AND TUMBLING EVALUATIONS**. Evaluations are expected to last between 30-60 minutes  
**(See part 1 of Tryouts for details)**

4. Attend part 2 of tryouts,  
Team Tryout Groups  
**(See part 2 of tryouts for details.)**

Athletes must register online before attending open gyms and tryout groups.

Athletes must register online before attending open gyms and tryout groups.



# **NEW ATHLETES**

## **Tumbling and Flyers Evaluations**

**NEW MEMBERS to SVK are required to attend part 1 and part 2 of tryouts.**

**Follow these Steps**



**1. Register your athlete online for All-Star Elite teams.**

**2. Attend open gyms.**

**MAY 7<sup>TH</sup> and 8<sup>TH</sup> from 7:00–8:30**

**May 9<sup>th</sup> 7:00–10:00**

**(Attendance is OPTIONAL)**

**MUST REGISTER FOR ALL-STAR COMPETITIVE TEAMS BEFORE ATTENDING.**

**3. Attend part 1 of Tryouts –**

**TUMBLING EVALUATIONS**

**FLYER EVALUATION, IF APPLICABLE**

**Evaluations are expected to last between 30–60 minutes.  
(See part 1 of Tryouts for details)**

**3. Attend part 2 of tryouts,**

**Team Tryout Groups**

**(See part 2 of tryouts for details.)**

**Athletes must register online before attending open gyms and tryout groups.**

# ELITE TEAM TRYOUTS

Registration is now open for team tryouts and is a 2 step process.  
Go to [www.starsviperskaty.com](http://www.starsviperskaty.com). Click "Cheerleading."

**Step 1: Complete Code of Conduct.**

**Step 2: Register for All-Star Elite Team Tryouts.**

During tryouts, coaches evaluate all aspects of the team—stunting, tumbling, jumps, and adaptability to choreography. Team placements aim to build the most competitive teams. Tumbling requirements per level are in this packet, and athletes must show mastery with clean execution. Athletes may move between levels throughout the season to keep teams competitive.

## PART 1 Tumbling and Flyer Evaluations

Part 1 of Tryouts are for:

**NEW Athletes**

**OR**

**Current SVK athletes trying out for a new level or flying position.**

**Athletes must complete both Part 1 and Part 2 of tryouts.**

**Flyer Evaluations:** To be considered for a flying role, athletes must demonstrate flexibility and stability on the stunt stand.

**Please select one of the dates listed below and arrive at any time during the designated hours. Evaluations will take approximately 30 to 60 minutes. Athletes will be assigned to the appropriate level group following their evaluation. If your athlete would like to be considered for a flying position on a Stars Vipers team, please check the "Flyers" box on the tryout card.**

**Choose one day to attend:**

**May 10<sup>th</sup> 10:00 am-2:00 pm**

**May 12<sup>th</sup> 6:00 pm-8:30 pm**



## TEAM PLACEMENT

Team placements will be communicated by email between May 30<sup>th</sup> and May 31<sup>st</sup>. Practices begin Sunday, June 1<sup>st</sup>. Changes in team placement, including shifts up and down levels, may occur throughout the season.

## PART 2 Team Tryouts May 13<sup>th</sup> – May 29<sup>th</sup>

All athletes will participate in designated tryout groups, with a primary focus on stunting and team tumbling. Throughout the tryout, staff will conduct ongoing evaluations of athletes across various groups and skill levels to ensure accurate and appropriate team placements.

**Level 1 (2016-2020) Sunday 5:00-7:00 / Thursday 5:30-7:30**

**Level 1 (2010-2018) Sunday 1:00-3:00 / Tuesdays 5:30-7:30**

**Level 2 Sunday 3:00-5:00 / Tuesday 7:00-9:00**

**Level 3 Sunday 5:00-7:00 / Thursday 7:00-9:00**

**Level 4 Sunday 7:00-9:00 / Wednesday 7:00-9:00**

**Level 5/6 Sunday 7:00-9:00 / Wednesday 7:00-9:00  
Monday 7:00-8:30**

**TIMES ARE SUBJECT TO CHANGE.**

# PROGRAM OVERVIEW

## ELITE TEAM PRACTICES

Elite teams are required to practice between 4 – 6 hours per week, with athletes expected to attend all practices. Joining the Stars Vipers Elite program entails a year-long commitment, where athletes are expected to prioritize their participation and fully commit to attending all scheduled practices.

## EXTRA PRACTICES

EXTRA practices are sometimes necessary throughout the season. We typically schedule extra practices well in advance and attendance is mandatory. Please keep schedules flexible in the months of February, March and April due to routine upgrades with choreographers which may require additional / extended practices.

## STUNT GROUP EXTRA PRACTICES

Once teams learn their Elite stunt section, each stunt group may be required to come into the gym on their own time for extra stunt practices. It will be up to the parents and athletes to find a time that works with their schedules. This extra time has proven to have a positive impact on Stars Vipers Katy's stunting scores.

## ATTENDANCE POLICY

Athletes are expected to attend ALL practices. We encourage participation in school cheer and will do our best to schedule team practices that do not conflict with school cheer. Time management is important and commitment to the team during scheduled practice times has to come first. Last minute absences due to illnesses will need to be directly communicated to the coach, who will determine whether or not the absence is approved. Let us know about vacation plans by emailing [absences@starsviperskaty.com](mailto:absences@starsviperskaty.com). Please do not plan vacations during the competitive season unless there is a gym closure. We value your time and want to make sure all practices are productive.

**Email absence requests to [absences@starsviperskaty.com](mailto:absences@starsviperskaty.com)**

Missing practices for other school sports, club sports, birthday parties, school work, etc. is not permitted.

# COMPETITION INFORMATION

The competition schedule will be available in August 2025. Elite teams will attend out of state competitions for the 2025-2026 Nationals Season.

## YOUTH SUMMIT, SUMMIT AND WORLDS

Youth Summit, Summit and Worlds are included in the competition schedule. Athletes on Youth Summit, Summit and Worlds teams will attend these end of season events. **ATHLETES ATTENDING YOUTH SUMMIT, SUMMIT AND WORLDS WILL BE REQUIRED TO PURCHASE CUSTOM DESIGNED PRACTICE WEAR FOR THESE EVENTS. THIS PRACTICE WEAR WILL BE THE NEXT SEASON'S PRACTICE WEAR.** Athletes attending Youth Summit, Summit or Worlds will be required to **ARRIVE IN FLORIDA (Tampa for Youth Summit) by 7:00pm the day before** the team's competition day, for practice.

## STAY TO PLAY

Most out of town competitions are **STAY TO PLAY**, which means STARS VIPERS will provide a room block with the required booking company. ALL athletes are **REQUIRED** to stay in the STARS VIPERS room block.

## TRAVELING TO OUT OF TOWN OR OUT OF STATE COMPETITIONS

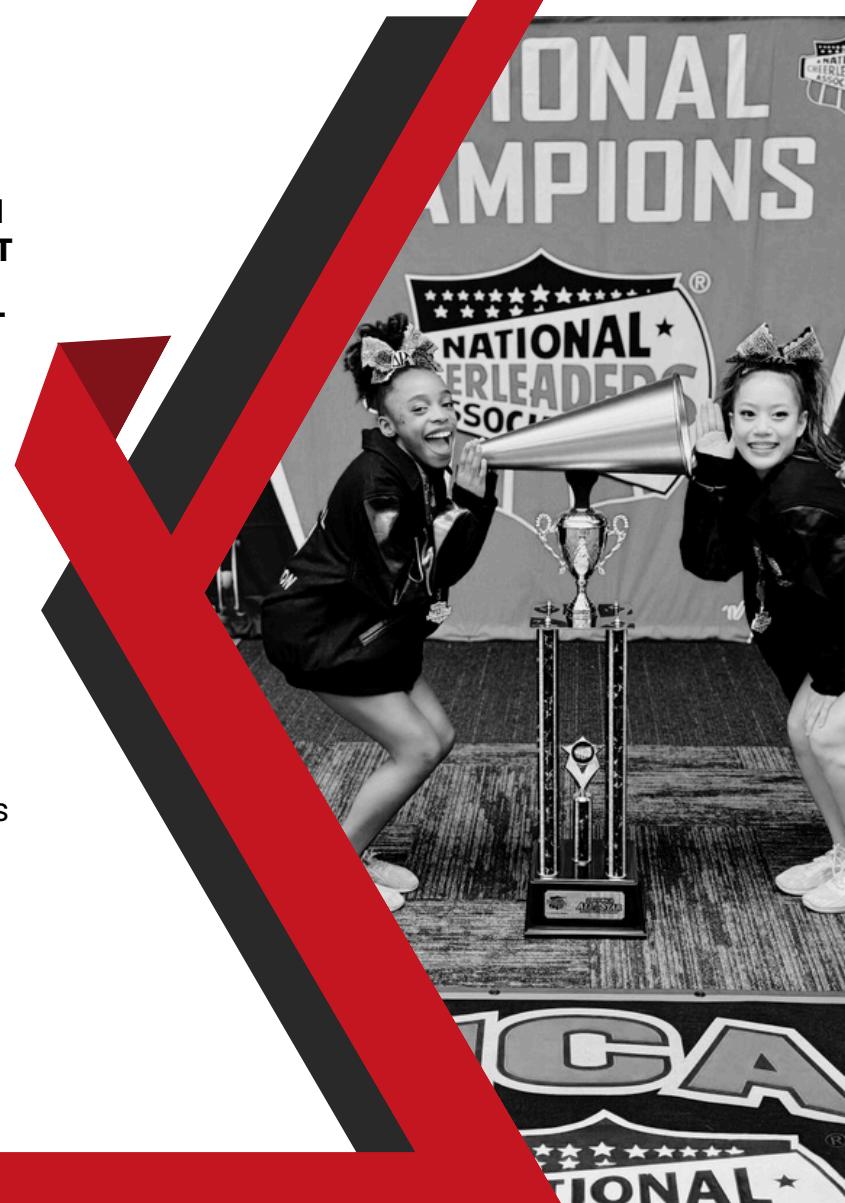
**TRAVEL DAYS** WILL ALWAYS be **BEFORE** the competition day and **NEVER** the same day of the competition. Some competitions may require a Friday arrival which means athletes will miss a day of school and parents will miss a day of work. **NCA and any out of TOWN or STATE competitions** will require a **7:00pm arrival time the day before the team competes** for a team practice.

Most competition venues require spectators to pay parking and entry fees into the competitions. These fees vary.

Athletes are required to be at all awards ceremonies, dressed in full uniform.

## COMPETITION ATTENDANCE POLICY

There are absolutely no competition absences or absences the week of a competition. Please make sure athletes arrive on time to the competition fully dressed and ready to perform.



# TUMBLING SKILLS BY LEVEL



## LEVEL 1

### STANDING TUMBLING

- Back Walkover Series
- Back Walkover Switch Leg
- Valdez

### RUNNING TUMBLING

- CW – BWO Series
- FWO – CW – BWO
- Handstand Forward Roll

## LEVEL 2

### STANDING TUMBLING

- BWO – BHS Step Out – BWO
- BHS Step Out – BWO – BHS
- BWO Switch Leg BHS

### RUNNING TUMBLING

- Bounder/Flyspring
- FWO – RO – BHS/BHS Series
- RO – BHS Series

## LEVEL 3

### STANDING TUMBLING

- 3 BHS
- BHS Step Out – BHS Series
- BHS Jump BHS

### RUNNING TUMBLING

- RO – BHS – TUCK (executed 5 times)
- Specialty Pass

## LEVEL 4

### STANDING TUMBLING

- BHS/BHS step out – Tuck
- Jump – BHS – Tuck

### RUNNING TUMBLING

- RO – BHS – Layout (executed 5 times)
- Specialty Pass

## LEVEL 5

### STANDING TUMBLING

- BHS – Layout
- Jump – BHS/Series – Layout
- BHS/Series – Whip Layout

### RUNNING TUMBLING

- RO – BHS – Full (executed 5 times)
- Specialty Pass

## LEVEL 6

### STANDING TUMBLING

- BHS – Full
- Standing Full
- BHS Series – Full
- BHS Series – Double Full

### RUNNING TUMBLING

- RO – Arabian – to Full/Double
- RO – Whip – to Full/Double
- PF – to Double
- Specialty Pass



Abbreviations: BWO – Back Walkover, FWO – Front Walkover, BHS – Back Handspring, RO – Round Off

# FINANCIAL COMMITMENT

The Stars Vipers Katy Elite All-Star Program is a 12-month program. Fees will begin upon tryout sign up of 2025 and continue through end of April 2026. All families must have a credit card on file that will be charged for their escrow payments. See below for explanation of escrow fees. Escrow fees will be charged twice a month on the 1st and the 15th.



## Additional Fees

May 18, 2025 Practice Wear  
\$135.00 - \$250.00  
(Varies for Returning & New Athletes)

June 1, 2025 Action Spirit Camp Dep.  
\$200.00

June 2025 USASF Athlete Membership  
Approx. \$49.00  
(Paid directly to USASF)

July 6, 2025 Level 1 - 5 Team Uniform  
Approx. \$570 + tax/shipping  
(pd. directly to Varsity)

July 6, 2025 Worlds Team (2 Uniforms)  
Approx. \$550 (White) + tax and shipping  
Approx. \$600 (New) + tax and shipping  
(pd. to Varsity)

August 1, 2025 Music & Choreography Fee Dep.  
\$200.00

Sept. 7, 2025 Warm up Jacket  
\$140.00

Jan. 1, 2026 National Competitions Fees Dep.  
\$200.00

## ESCROW FEES

1st of Month \$199.00  
15th of Month \$199.00

Escrow fee #1 will be charged upon sign-up.

## Escrow Fees Include

- \*Monthly Tuition
- \*Remainder of Action Spirit Camp
- \*Stunt Skills Camp
- \*Remainder of Music Fees
- \*Remainder of Choreography Fee
- \*Choreography upgrades
- \*Nationals T-Shirt
- \*Food catering for Action Spirit
- \*Food catering for Choreography
- \*Competition Bow
- \*Coaches Fees
- \*Remainder of Competition Fees
- \*End of Season Event Coach's Fees
- \*Youth Summit Fee



## Discounts

### SIBLING DISCOUNT

\$50 off 2nd athletes tuition portion of  
Escrow Fees  
\$100 off 3rd athletes tuition portion of  
Escrow Fees

### MILITARY DISCOUNT

10% off athletes tuition portion of  
escrow fees.

As a veteran owned company,  
SVK proudly honors our veterans  
by offering this discount to  
athlete's whose parents or  
caregivers served in the military.

### Full Season Pre-pay Discount

10% off all escrow and deposit fees.  
Must paid by July 1, 2025

Email [Owen@starsvipers.com](mailto:Owen@starsvipers.com)  
to set up discount.



# MARK YOUR CALENDARS

## MAY

**18**

Practice wear sizing  
Payment due

## JUNE

**22**

**Uniform Fitting**  
Before or after practice 12:00-7:00

**27**

**Viper Stunt Camp - Prep**  
**Viper Stunt Camp - Elite**

## JULY

**6**

**Uniform Payment Due**  
**Action Spirit Camp**  
Mandatory for all Elite Teams

**14 - 17**

**Ray Jasper Choreography**  
**Mingo Choreography**

**25 - 27**

## AUGUST

**2 - 6**

**Brendan Choreography**  
**Ted Choreography**

**6 - 9**

## SEPTEMBER

**7**

**Warm - up Jacket Fitting**  
Payment is due at Fitting  
Mandatory for Prep and Elite

## **DATES TBA**

**CENTERSTAGE PHOTOS**  
**RALLIES AND GRAND RALLY**

# GYM CLOSURE DATES

## MAY

**11**

**24 - 26**

**Mother's Day**  
**Memorial Day**

## JUNE

**15**

**30 - July 5**

**Father's Day**  
**July 4<sup>th</sup> Summer Break**

TEAMS WILL PRACTICE SUNDAY, JULY 6, 2025.

## AUGUST

**30 - September 1** **Labor Day**

## OCTOBER

**31**

**Halloween**

## NOVEMBER

**23 - 29**

**Thanksgiving Break**

There will be regular scheduled CLASSES (not teams) on  
November 24th and November 25th.

TEAMS WILL PRACTICE SUNDAY, NOVEMBER 30, 2025.

## DECEMBER

**22 - January 3**

**Christmas / New Years**

Teams will have practice January 4, 2026. Most schools are  
still on break so please make sure vacations are not  
interfering with team practices, January 4, 2026

## MARCH

**7 - 14**

**Spring Break**

Teams will practice March 15th.

## APRIL

**3 - 5**

**Easter**

## **BLACKOUT DATES**

Make sure athletes are available for extra practices two weeks prior to any show-off or competition, if needed.

## **YOUTH SUMMIT, SUMMIT AND WORLDS**

We are asking that athletes are available for any weekend in April (excluding Easter Weekend) for extra practices, if needed.

Please keep schedules flexible in the months of February, March and April Due to routine upgrades with choreographers.

# STARS VIPERS LOGO USAGE AND GUIDELINES

**Guidelines for the usage of Stars Vipers logo(s) have been established to help achieve the consistent visual branding identity. It is only through consistent and correct usage of our logos that we can strengthen and protect our trademarks.**

## Stars Vipers Name and Logo Usage

All Stars Vipers logos (s), name, team names, music lyrics and brands are protected and trademarked. All spirit wear items are to be purchased through the Stars Vipers proshop or approved vendors. Any merchandise with an identifiable Stars Vipers icon, any form of the gym name (abbreviations included), team names and slogans not purchased through the proshop or our vendors is not permitted. Anyone who attempts to independently sell or give away items with the Stars Vipers logos or imitation logos will be in violation of our policy. If you have any questions please contact Denise Cox at [Denise@starsviperskaty.com](mailto:Denise@starsviperskaty.com)

## Team Gifts

All spirit gifts must be acquired from SVK or an authorized vendor, with special pricing available for team gifts. Any wearable item that is given to a team must be approved by SVK.

This guideline excludes consumable goods, such as cakes, cookies etc. Any ideas for spirit gifts that aren't apparel, please contact Denise for approval. Parents should not be approached by others for gift-related funds. If parents or a group voluntarily choose to donate a gift to the entire team, they are financially responsible. Stars Vipers has dedicated effort to cultivate its distinct brand; therefore, please seek approval before featuring the logo, team names or team slogans on any spirit item.

