



# LUCKY SEASON 7



**Stars Vipera Katy  
2024-2025  
Elite Team Packet**







## WELCOME TO STARS VIPERS KATY Season #7

Welcome to Stars Vipers Katy! As we embark on our 7th season at SVK for 2024-2025, we extend a warm welcome to all who have chosen to be a part of our family. To our returning athletes, THANK YOU for your continued loyalty and dedication. To our new athletes, WELCOME to the Viper family! We're delighted to have you on board and look forward to meeting each and every one of you.

Stars Vipers Katy is known for its achievements, attained through hard work in creating strong teams with dedicated athletes. SVK excels at fostering confident athletes in a supportive environment. Teamwork and sportsmanship are among the life lessons that SVK aims to instill in its athletes. From high-fives to positive circles at the conclusion of each practice, we are committed to uplifting every athlete.

At Stars Vipers Katy, our priority is to create competitive teams while also providing a nurturing environment. Our dedicated staff offers structured training tailored to individual abilities, recognizing that not all athletes can be trained the same way. We aim to educate, nurture, and empower athletes to reach their full potential through the values instilled in our team environment. Thank you for choosing Stars Vipers Katy! We are excited for another season filled with growth, success, and fun!

## Why Choose Stars Vipers Katy?

\*At Stars Vipers Katy, we prioritize top-tier choreography for our Elite teams, working with renowned choreographers to create exceptional routines that enhance the athlete's experience. \*

\*SVK brings in choreographers throughout the season for routine upgrades, ensuring that our teams are constantly evolving and improving.

\*SV Katy holds exclusive training sessions at Action Spirit Camp, led by expert instructors like Ray Jasper and top choreographers, to fine-tune the skills of our Elite athletes and equip them for a successful season ahead. This additional touch ensures that our teams are well-prepared and ready to showcase their abilities effectively.

\*Our athlete's are supplied with 3 shirts throughout the season. Each athlete receives a T-shirt or Tank at the beginning of the year and another for Nationals season. Moreover, our Youth Summit, Summit, and Worlds athletes are given an exclusive end-of-season tank to wear at their final event. These personalized touches demonstrate our commitment to our athlete's experience and success throughout the season.

\* Our payment process involves breaking down fees into bi-monthly installments known as Escrow Fees. These payments are spread out over 12 months to assist with managing costs effectively. Please refer to the information packet for details regarding Escrow Fees and the payment schedule. If you have any further questions or need more assistance, feel free to ask.

\*Summit and Worlds - At SVK, end of season events that require bids to attend are expected.

We do not ask for these additional coaches fees at the end of the season. Coaches fees are already included in the Escrow.

\*US Finals and Youth Summit - At SVK, end of season events that require bids to attend are expected. .

We do not ask for these additional fees at the end of the season. These fees are already included in the Escrow.

### 2024 L3-U16 NCA CHAMPIONS - LADY LACE



\*The Stars Vipers Katy coaching staff is composed of individuals with various backgrounds and expertise. All staff members were former athletes, and many of them were athletes who were coached by Owen and Denise. As a result of their experiences as athletes, they are able to pass on their love, passion, and success to the current Stars Vipers cheerleaders.



# Elite Team Tryouts

*See next page for dates and details.*

## CURRENT SVK ATHLETES REMAINING ON SAME ELITE LEVEL

CURRENT SVK ATHLETES wishing to remain on the same ELITE level as the current year DO NOT need to go through TUMBLING evaluations. Athletes will attend tryout groups to determine final team placement.

*Follow these steps!*

- 1** \*REGISTER YOUR ATHLETE ONLINE FOR "ALL-STAR COMPETITIVE TEAMS".
- 2** \*ATTEND OPEN GYMS MAY 7TH AND / OR MAY 8TH 6:30-8:30 (OPTIONAL) MUST REGISTER BEFORE ATTENDING.
- 3** \*ATTEND PART 2 OF TRYOUTS-LEVEL TRYOUT GROUPS. (SEE NEXT PAGE FOR DETAILS)

Athletes must register online before attending open gyms and tryout groups.



## CURRENT SVK ATHLETES TRYING OUT FOR NEW LEVEL

CURRENT SVK ATHLETES wishing to level up from novice to prep, prep to elite, or go up in levels from their current elite team, must go through one day of tumbling evaluations.

*Follow these steps!*

- 1** \*REGISTER YOUR ATHLETE ONLINE FOR "ALL-STAR COMPETITIVE TEAMS".
- 2** \*ATTEND PART 1 OF TRYOUTS - TUMBLING EVALUATIONS. EVALUATIONS ARE EXPECTED TO LAST BETWEEN 30 AND 60 MINUTES. (SEE NEXT PAGE FOR DETAILS.)
- 3** \*ATTEND PART 2 OF TRYOUTS-LEVEL TRYOUT GROUPS. (SEE NEXT PAGE FOR DETAILS)

Athletes must register online before attending open gyms.

## CURRENT SVK FLYERS

CURRENT SVK FLYERS do not need to go through Flyer evaluations. Athletes will attend tryout groups to determine final team placement.

Athletes must register online before attending open gyms and tryout groups.

## NEW FLYERS

New athletes to SVK and CURRENT ATHLETES that did not hold a flying position at SVK will need to attend Flyer Evaluations.

*Follow these steps!*

- 1** \*REGISTER YOUR ATHLETE ONLINE FOR "ALL-STAR COMPETITIVE TEAMS".
- 2** \*ATTEND FLYER TRYOUTS. (SEE NEXT PAGE FOR DETAILS)
- 3** \* ATTEND PART 1 OF TRYOUT - TUMBLING EVALUATIONS - ONLY IF TRYING OUT FOR A NEW LEVEL. (SEE NEXT PAGE FOR DETAILS). IF NOT, SKIP TO #4
- 4** \*ATTEND PART 2 OF TRYOUTS-LEVEL TRYOUT GROUPS. (SEE NEXT PAGE FOR DETAILS)

Athletes must register online before attending open gyms and tryout groups.

## NEW ATHLETES

NEW ATHLETES to SVK are required to attend part 1 and part 2 of tryouts.

*Follow these steps!*

- 1** \*REGISTER YOUR ATHLETE ONLINE FOR "ALL-STAR COMPETITIVE TEAMS".
- 2** \* ATTEND PART 1 OF TRYOUT - TUMBLING EVALUATIONS (SEE NEXT PAGE FOR DETAILS).
- 3** \*ATTEND PART 2 OF TRYOUTS-LEVEL TRYOUT GROUPS. (SEE NEXT PAGE FOR DETAILS)

Athletes must register online before evaluations.







# REGISTERING TO TRYOUT FOR AN ELITE TEAM

Registration is now open for team tryouts and is a 2 step process.  
Go to [www.starsviperskaty.com](http://www.starsviperskaty.com). Click "Cheerleading."

- Step 1: Complete Code of Conduct.
- Step 2: Register for Elite Team Tryouts.

During tryouts coaches will look at all aspects of the team: basing, backspotting, flying, tumbling, jumps, ability to learn and adapt to choreography. Placing competitive teams is a process and we want to make sure we are building the most successful, competitive teams. Tumbling requirements, per level, are listed in this packet. In order for teams to score in the high range at competitions, athletes must be placed on teams where they have mastered each tumbling skill with refined execution. Team movement of athletes, up or down a level, can happen ALL SEASON to ensure the team is competitive and successful.

## ELITE TEAM TRYOUT

*Dates and Details*

### Part 1

#### ELITE FLYER EVALUATIONS

Current SVK Flyers may move to part 2.

New athletes or SVK athletes that do not currently hold a flying position at Stars Vipers Katy will participate in part 1 and part 2 of tryouts.

In order to progress to flying on a stunt group during evaluations, flyers must show flexibility and stability on the ground.

Choose one day.

May 9, 2024 5:30-7:00

Or

May 13, 2024 5:30-7:00

Flyers must attend the entire 1 1/2 hour evaluation.

#### ELITE TUMBLING EVALUATIONS

New athletes or SVK athletes trying out for a new level.

Choose ONE day from below.

Athletes may arrive at any time during the times listed.

Evaluations are expected to last between 30 to 60 minutes. Athletes will know after the evaluation which level group tryout to attend.

Thursday, May 9, 2024 7:00-9:00

Friday, May 10, 2024 5:00-8:00

Monday, May 13, 2024 7:00-9:00

### Part 2

#### ELITE TEAM TRYOUTS

All Athletes

**MAY 13, 2024 - MAY 30, 2024**

All athletes will attend tryout groups. These groups will focus on the STUNTING portion of tryouts as well as focusing on TEAM tumbling. The staff will be continuously evaluating athletes on different groups and levels to ensure proper placement of all athletes and teams.

THURSDAY 5:30-7:30	SUNDAY 5:00-7:00	LEVEL 1 PREP
TUESDAY 5:30-7:30	SUNDAY 1:00-3:00	LEVEL 1 ELITE
TUESDAY 7:00-9:00	SUNDAY 5:00-7:00	LEVEL 3
WEDNESDAY 7:00-9:00	SUNDAY 7:00-9:00	LEVEL 4/5/6
THURSDAY 7:00-9:00	SUNDAY 3:00-5:00	LEVEL 2

Times are subject to change.

#### TEAM PLACEMENT

Communication about team placements will begin June 1st. Please know that team placement changes, up and down levels, can happen throughout the season.

**Team Practices will begin**  
**Sunday, June 2, 2024**





# PROGRAM OVERVIEW

## ELITE TEAM PRACTICES

Elite teams are required to practice for 4 hours per week, with athletes expected to attend all practices. Joining the Stars Vipers Elite program entails a year-long dedication, where athletes are expected to prioritize their participation and fully commit to attending all scheduled practices.

## EXTRA PRACTICES

EXTRA practices are sometimes necessary throughout the season. We typically schedule extra practices well in advance, and attendance is mandatory. Please keep schedules flexible in the months of February, March and April due to routine upgrades with choreographers which may require additional / extended practices.

## STUNT GROUP EXTRA PRACTICES

Once teams learn their Elite stunt section, each stunt group may be required to come into the gym on their own time for extra stunt practices. It will be up to the parents and athletes to find a time that works with their schedules. This extra time has proven to have a positive impact on Stars Vipers Katy's stunting scores. Each stunt group will have a form to fill out when coming into the gym to work on their stunt section.

## ATTENDANCE POLICY

Athletes are expected to attend ALL practices. We encourage participation in school cheer and will do our best to schedule team practices that do not conflict with school cheer. Time management is important and commitment to the team during scheduled practice times has to come first. Last minute absences due to illnesses will need to be directly communicated to the coach, who will determine whether or not the absence is approved. Let us know about vacation plans by emailing [absences@starsviperskaty.com](mailto:absences@starsviperskaty.com). Please do not plan vacations during the competitive season unless there is a gym closure. We value your time and want to make sure all practices are productive. Email absence requests to [absences@starsviperskaty.com](mailto:absences@starsviperskaty.com)

Missing practices for other school sports, club sports, birthday parties, school work, etc. is not permitted.

## COMPETITION ATTENDANCE POLICY

There are absolutely no competition absences or absences the week of a competition. Please make sure athletes arrive on time to the competition fully dressed and ready to perform.

## COMPETITION INFORMATION

The competition schedule will be available in August 2024. Elite teams will attend out of state competitions for the 2024-2025 Nationals Season.

Summit and Worlds are included in the competition schedule. Athletes on Summit and Worlds teams will attend these end of season events. Athletes attending Summit or Worlds will be required to purchase custom designed Summit or Worlds practice wear. **THIS PRACTICE WEAR WILL BE THE NEXT SEASON'S PRACTICE WEAR.** Athletes attending Summit or Worlds will be required to arrive in Florida by 7:00pm the day before the team's competition day for practice.

Most out of town competitions are STAY TO PLAY, which means STARS VIPERS will provide a room block with the required booking company. ALL athletes are REQUIRED to stay in the STARS VIPERS room block. TRAVEL DAYS WILL ALWAYS be BEFORE the competition day and NEVER the same day of the competition. Some competitions may require a Friday arrival which means athletes will miss a day of school and parents will miss a day of work. NCA and any out of state national competitions will require a 7:00pm arrival time the day before the team competes for a team practice. Most competition venues require spectators to pay parking and entry fees into the competitions. These fees vary.

Athletes are required to be at all awards ceremonies, dressed in full uniform. Cell phones are not allowed on the awards stage.



# TUMBLING Skills BY Level



## LEVEL 1

### STANDING TUMBLING:

- Back Walkover Series
- Back Walkover Switch Leg
- Valdez
- Back Extension Roll

### RUNNING TUMBLING:

- CW - BWO Series
- FWO - CW - BWO
- FWO - CW
- Handstand Forward Roll

## LEVEL 2

### STANDING TUMBLING:

- BWO - BHS Step Out - BWO
- BHS Step Out - BWO - BHS
- Valdez - BHS
- Back Extension Roll - BHS

### RUNNING TUMBLING:

- Boulder/Flyspring
- FWO - RO - BHS/BHS Series
- CW - BHS Step Out - BWO - BHS
- RO - BHS Series

## LEVEL 3

### STANDING TUMBLING:

- 3 BHS
- Jump - BHS - Jump - BHS
- BHS Step Out - BHS Series
- BWO - BHS - Jump - BHS Series

### RUNNING TUMBLING:

- FWO - Aerial
- RO - BHS - Tuck
- RO - BHS Step Out - 1/2 Turn - RO to Tuck
- FWO - RO to Tuck
- Boulder/Flyspring - RO to Tuck
- Front Handspring - PF

## LEVEL 4

### STANDING TUMBLING:

- BHS/BHS step out - Tuck
- Jump - BHS Series - Tuck
- Jump - BHS - Tuck

### RUNNING TUMBLING:

- RO - BHS - Layout/Step out
- FWO- RO- to Layout
- PF step out - RO - to Layout
- RO - Whip- Tuck
- RO - to Whip - to Layout
- Front Handspring - PF - to Layout

## LEVEL 5

### STANDING TUMBLING:

- BHS - Whip - Tuck
- BHS - Layout
- Jump - BHS/Series - Layout
- BHS/Series - Whip/Tuck- to Layout

### RUNNING TUMBLING:

- Front Full
- FWO- Ro- to Full
- PF Step out - RO- to Full
- Front Handspring - PF- to Full
- RO - to Whip- to Full
- RO - Arabian- to Layout/Full

## LEVEL 6

### STANDING TUMBLING:

- BHS - Full
- Standing Full
- BHS - Whip - Full
- BHS Series - Double Full

### RUNNING TUMBLING:

- Front Handspring - Front Full
- Front Handspring - PF to Full/Double
- RO - Arabian- to Full/Double
- RO - Full - to Full/Double
- RO - 1 1/2 - to Full/Double
- RO - to Double Full
- RO - Whip - to Double
- PF- to Double

Abbreviations: BWO - Back Walkover, FWO - Front Walkover, BHS - Back Handspring, RO - Round Off



# FINANCIAL COMMITMENT



The Stars Vipers Katy Elite All-Star Program is a 12-month program. Fees will begin upon tryout sign up of 2024 and continue through end of April 2025. All families must have a credit card on file that will be charged for their escrow payments. See below for explanation of escrow fees. Escrow fees will be charged twice a month on the 1st and the 15th.

## Escrow Fees

1st of Month      \$199.00  
 15th of Month    \$199.00

Escrow fee #1 will be charged upon sign-up.

## Escrow Fees Include

- \* Monthly Tuition
- \* Remainder of Action Spirit Camp
- \* Stunt Skills Camp
- \* Remainder of Music Fees
- \* Remainder of Choreography Fee
- \* Choreography upgrades
- \* Program T-Shirt
- \* Nationals T-Shirt
- \* Summit / Worlds Tank and Gift
- \* Food catering for Action Spirit
- \* Food catering for Choreography
- \* Competition Bow
- \* Coaches Fees
- \* Remainder of Competition Fees
- \* End of Season Event Coach's Fees
- \* Youth Summit Fee

## Additional Fees

May 19, 2024	Practice Wear	\$72.53 - \$154.80 (Varies for Returning & New Athletes)
June 1, 2024	Action Spirit Camp Deposit	\$200.00
June 2024	USASF Athlete Membership	Approx. \$49.00 (Paid directly to USASF)
July 8, 2024	Level 1 - 5 Team Uniform.	Approx. \$600 + tax/shipping (pd. directly to Varsity)
July 8, 2024	Worlds Team (2 Uniforms)	Approx. \$550 (White) Approx. \$600 (New) + tax and shipping (pd. to Varsity)
August 1, 2024	Music & Choreography Fee Deposit	\$200.00
Sept. 8, 2024	Warm up Jacket (New Athletes Only)	\$140.00
Nov. 1, 2024	National Competitions Fees Deposit	\$200.00

## Discounts

### Sibling Discount

- \$50 off 2nd athletes tuition portion of Escrow Fees
- \$100 off 3rd athletes tuition portion of Escrow Fees

Email  
[Owen@starsvipers.com](mailto:Owen@starsvipers.com)  
 to set up discount.



### Military Discount

- 10% off athletes tuition portion of escrow fees
- As a veteran owned company, SVK proudly honors our veterans by offering this discount to athlete's whose parents or caregivers served in the military.

Email  
[Owen@starsvipers.com](mailto:Owen@starsvipers.com)  
 to set up discount.

### Full Season Pre-pay Discount

- 10% off all escrow and deposit fees. Must paid by July 1, 2024

Email  
[Owen@starsvipers.com](mailto:Owen@starsvipers.com)  
 to set up discount.







# GYM CLOSURE DATES

May 25th - 27th	Memorial Day Weekend
June 29th - July 6th	Independence Day Week (Summer Break) Teams will practice Sunday, July 7th.
Aug. 31st - Sept. 2nd	Labor Day Weekend
Oct. 31st	Halloween
Nov. 24th - 30th	Thanksgiving Break There will be regular scheduled CLASSES, not teams, Monday, Nov. 25th and Tuesday, Nov. 26th. Teams will practice Sunday, December 1st.
Dec. 23rd - Jan. 4th	Christmas and New Years Teams will start back January 5th
March 9th - 15th	Spring Break Elite Teams will practice March 16th
April 18th - 20th	Easter Weekend

# MARK YOUR CALENDARS

The following events are MANDATORY FOR ALL ELITE TEAMS.  
Dates are subject to change.

UNIFORM FITTING	BEFORE OR AFTER PRACTICE JUNE 16TH 12:00-7:00
VIPER ELITE STUNT CAMP	JUNE 22ND & 23RD MANDATORY FOR ALL ELITE TEAMS
UNIFORM PAYMENT DUE	JULY 8TH ALL ELITE TEAMS
ACTION SPIRIT CAMP	JULY 13TH & 14TH MANDATORY FOR ALL ELITE TEAMS
RAY JASPER CHOREOGRAPHY	JULY 15TH - 19TH TEAMS WILL BE ASSIGNED AFTER TRYOUTS
GREGORY CHOREOGRAPHY	JULY 23RD AND 24TH TEAMS WILL BE ASSIGNED AFTER TRYOUTS
TED CHOREOGRAPHY	AUGUST 8TH - 11TH
WARM-UP FITTING JACKET (REQUIRED) AND PAYMENT	SEPT. 8TH
DANCE CHOREOGRAPHY	TBA
STARS VIPERS SHOW OFF	TBA
CENTERSTAGE PHOTOS MANDATORY FOR ALL TEAMS. (ELITE, PREP, NOVICE & SHOW)	NOVEMBER 16TH ( SATURDAY) MANDATORY PICTURE DAY
BLACKOUT DATES PLEASE BE AVAILABLE FOR EXTRA PRACTICES	2 WEEKENDS BEFORE ANY COMPETITION. PLEASE BE AVAILABLE FOR ANY WEEKEND IN APRIL (EXCLUDING EASTER WEEKEND) FOR YOUTH SUMMIT, SUMMIT AND WORLDS TEAMS.



## NEW THIS YEAR! BLACKOUT DATES

WE ARE ASKING ATHLETES TO BE AVAILABLE FOR EXTRA PRACTICES TWO WEEKENDS PRIOR TO ANY SHOW-OFF OR COMPETITION, IF NEEDED.

YOUTH SUMMIT, SUMMIT AND WORLDS

WE ARE ASKING ATHLETES TO BE AVAILABLE FOR ANY WEEKEND IN APRIL (EXCLUDING EASTER WEEKEND) FOR EXTRA PRACTICES, IF NEEDED.

PLEASE KEEP SCHEDULES FLEXIBLE IN THE MONTHS OF FEBRUARY, MARCH AND APRIL DUE TO ROUTINE UPGRADES WITH CHOREOGRAPHERS.



# VIPER STUNT CAMP

JUNE 22 - 23RD

During the two-day Viper Stunt Camp, athletes immerse themselves in mastering fundamental techniques and strengthening team bonds through stunting activities. SVK athletes hold this camp dear, as it cultivates cherished memories and lifelong friendships.



My favorite memory of Viper Stunt Camp was learning how to do a new pyramid!  
Georgia Brown  
Queen Boos

I loved getting to try new stunts!  
Emma Park  
Mambacitas

# Action Spirit Camp

JULY 13TH - 14TH



Our Elite teams are required to attend the exclusive Action Spirit Camp with Ray Jasper and his team of incredible instructors from around the world! This camp sets STARS VIPERS apart from the rest! At Action Spirit Camp, our athletes perfect stunting, learn their team's one-of-a-kind elite stunt section, are drilled on the perfection of performance and learn the importance of teamwork. Most of all, they create memories that last a lifetime!

I loved how big and exciting the instructors personalities were. It took the experience to another level!  
Hailey Pinchack  
Mambacitas

Action Spirit was my favorite because I got to have fun with my friends and go to try new things!  
Allison Quach  
Miss Mambas

My favorite memory of Action Spirit Camp was playing games and the warm-up dances.  
Bianca Braganza  
Cobra Kai



# STARS VIPERS LOGO USAGE AND GUIDELINES

Guidelines for the usage of Stars Vipers logo(s) have been established to help achieve the consistent visual branding identity. It is only through consistent and correct usage of our logos that we can strengthen and protect our trademarks.

## Stars Vipers Name and Logo Usage

All Stars Vipers logos (s), name, team names, music lyrics and brands are protected and trademarked. All spirit wear items are to be purchased through the Stars Vipers proshop or approved vendors. Any merchandise with an identifiable Stars Vipers icon, any form of the gym name (abbreviations included), team names and slogans not purchased through the proshop or our vendors is not permitted. Anyone who attempts to independently sell or give away items with the Stars Vipers logos or imitation logos will be in violation of our policy. If you have any questions please contact Denise Cox at [Denise@starsviperskaty.com](mailto:Denise@starsviperskaty.com)

## Spirit Gifts

All spirit gifts must be acquired from SVK or an authorized vendor, with special pricing available for team gifts. Any wearable item that is given to a team must be approved by SVK. This guideline excludes consumable goods, such as cakes, cookies etc. Any ideas for spirit gifts that aren't apparel, please contact Denise for approval. Parents should not be approached by others for gift-related funds. If parents or a group voluntarily choose to donate a gift to the entire team, they are financially responsible. Stars Vipers has dedicated effort to cultivate its distinct brand; therefore, please seek approval before featuring the logo, team names or team slogans on any spirit item.

